

RSL ACTIVE

ONLINE ACTIVITIES



COVID-19

With the current COVID-19 pandemic, RSL Active offers a variety of online activities free for Victorian Veterans.

Online Yoga - every Tuesday and Thursday

Online Physical Training - every Wednesday and Saturday

Online Art Classes - every Wednesday

Registrations for the following week's online sessions open every Thursday. Registration links are posted on the RSL Victoria Facebook page and sent via RSL Active email. For more information about RSL Active Online, eligibility to participate, or assistance registering for any activities, please contact

rsllactive@rslvic.com.au
